



PEARL Spas

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menu

# PEARL Spas

Welcome to Pearl Spas. Our Spas' aim is to soothe the spirit, rejuvenate the body and enrich the mind. We will pamper you with a vast selection of natural and holistic treatments. We are here to take you on a journey back to serenity and well-being. Our professional and dedicated team of therapists will guide you in choosing the right experience.

## Contents

- o Pearl Spas Exclusive Experience
- o Signature Pearl Spas Packages
- o Body, Mind & Soul
- o Oriental & Holistic Treatments
- o Pearl Spas Face Treatments
- o Body Treatments
- o Maternity Treatments
- o Hands and Feet
- o Baths/Scrubs
- o Ayurveda Treatments
- o Spa Information





### Seabreeze Massage

Let yourself drift away with our special Seabreeze Massage using a special blend of essential oils, which help the mind to relax and the body to unwind. Using long flowing movements, we will have you in a state of total serenity in no time.

🕒 25 mins	<b>€35 per person</b>
🕒 55 mins	<b>€60 per person</b>

### 4 Hand Massage

Indulge in the beauty of being pampered with a massage performed by two therapists. Working at the same pace, they use their hands to choreograph slow, detailed movements which will take you on a journey of total relaxation.

🕒 55 mins	<b>€100 per person</b>
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### Mother of Pearl

Let your senses drift into a sanctuary where no luxuries are spared. We will take you on a sensuous journey of ultimate well-being. Starting off with a foot refreshment ritual followed by a coconut body scrub where your skin is exfoliated and prepared for a warm revitalising body wrap. A unique Polynesian massage will lead you to a state of pure tranquillity. Our therapist will conclude this treatment with a luxurious mother-of-pearl body cream which will give your skin a radiant glow.

🕒 115 mins	<b>€110 per person</b>
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### Holiday Ritual for Two

After a long flight or a heavy week, your body and mind needs a helping hand to revitalise. Your experience will commence with a velvet touch body mud wrap and reflexology. This will be followed by a full body aromatherapy massage.

🕒 120 mins	<b>€180 per couple</b>
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### Pearl Spas Signature Full Body Massage

A beautiful blend of palm compressions and hot stones to melt away any stress and embrace you to a tranquil state of mind.

🕒 55 mins	<b>€80 per person</b>
🕒 85 mins	<b>€100 per person</b>





## Signature Pearl Spas Packages

### Spa Treat

Enjoy some me time and re-energise yourself:

- Express Facial • Back, Neck & Shoulder Massage

🕒 55 mins

€55 per person

### The Awakening

Kick start your day and re-energise your mind, body and soul. This highly energised experience will boost circulation and lymphatic flow leaving you feeling fresh, renewed and re-energised.

- Relaxing Hydrotherapy Bath • Energising Full Body Massage

🕒 85 mins

€65 per person

### Head to Toe

Escape into a serene world of bliss with our specially designed package which is sure to leave you feeling pampered.

- Full Body Exfoliation • Hot Stone Back Massage
- Essential Enhancer Facial • Hand Treatment

🕒 85 mins

€90 per person

### Treat the Jetlag

Treat yourself to an experience to soothe the mind and body from the stresses of travelling. • Cooling Leg Treatment • Reflexology

🕒 55 mins

€60 per person

### Spa Indulgence

Let yourself fall into our caring hands where you are guaranteed to leave looking and feeling revived, fresh and pampered.

- Intense Hydrating Facial • Express Pedicure
- Back, Neck & Shoulder Massage

🕒 110 mins

€110 per person

### Manscape

The ultimate de-stress package for men. Release your tension to feel renewed and re-energised. • Deep Tissue Massage • Reflexology

🕒 55 mins

€55 per person

🕒 85 mins

€80 per person

### Our Jewel...Pearl

Let us make you feel like royalty for a day, where your mind is serene, the body is renewed and the soul is awakened. Leave no part of your body untreated with a head to toe experience which includes:

- Sea Salt Body Scrub • Detox Body Wrap • Hydro Therapy Bath
- Relaxing Full Body Massage • Absolute Lift Facial • Spa Manicure
- Spa Pedicure

🕒 325 mins

€250 per person

### A Romantic Getaway

Drift away with that special someone. Enjoy a side by side treatment that will leave you feeling revived, refreshed and relaxed. A perfect touch to add to your romantic holiday.

- Hot Stones Full Body Massage • Revitalising Facial

🕒 85 mins

€140 per couple

### From Top to Bottom

You will be glowing inside and out after a full body aromatherapy massage followed by an aromatherapy facial which will leave you feeling relaxed, revived and refreshed.

- Aromatherapy Massage • Aromatherapy Facial

🕒 115 mins

€120 per person

### Time

Reserve two hours at Pearl Spas and allow our well trained therapist guide you in achieving the best possible experience and optimise in getting the best treatments that are suited to your personal needs.

🕒 120 mins

€120 per person

### Sultan's Touch

Travel through time in a journey of relaxation starting off with a Moroccan Sultan's Bath. This treatment goes beyond a "Hands On Therapy" as the energy points are awakened by the placement of hot lava stones. A pressure point foot and head massage will completely restore your body and mind.

🕒 120 mins

€110 per person



## Body, Mind & Soul

### Back, Neck and Shoulder Massage

Relaxing massage on the back, neck and shoulder area to ease muscle tension from bad posture and over worked muscles. Our therapist will focus on easing out muscle tension at the required pressure.

🕒 25 mins **€35 per person**

### Foot & Leg Massage

A revitalising treatment for tired feet and heavy legs. This treatment provides a cooling and soothing experience to help reduce puffiness and soothe aches and pains.

🕒 25 mins **€35 per person**

### Deep Tissue Massage

A firm massage designed to relieve tension, stress, over worked muscles and restore energy flow whilst aiding in muscle recovery by increasing circulation to flush lymph and toxins.

🕒 25 mins **€40 per person**

🕒 55 mins **€70 per person**

### Aromatherapy Massage

Indulge in the world of aroma therapy where essential oils will penetrate the body through the skin. Our bespoke blend of oils is designed to uplift your mood, alleviate pain and maximum relaxation. Using long stroke techniques, this full body massage will leave you blissfully renewed.

🕒 55 mins **€55 per person**

🕒 85 mins **€80 per person**

### Couples Massage

Enjoy a full body massage next to your loved one in our specially prepared candle lit couples room. A traditional full body massage with regulated pressure and synchronise movement for an excellent feeling of unlimited relaxation.

🕒 55 mins **€110 per couple**

🕒 85 mins **€150 per couple**

### Sports Massage

Recommended for chronically tight, painful or repeatedly strained muscles. Constant build-up of tension in the muscles from regular activity may lead to stress on the joints, ligaments, tendons, as well as the surrounding muscles. This is the perfect massage to treat over worked muscles.

🕒 25 mins **€40 per person**

🕒 55 mins **€70 per person**

### Lymphatic Drainage Massage

Lymphatic massage is a delicate and specific technique of light form favouring the lymph flow, which helps to eliminate waste and toxins that cannot be absorbed through the blood capillary vessels. This treatment is recommend to allieviate swelling for cellulite, detoxified, and water retention.

🕒 55 mins **€60 per person**

### Warm Candle Oil Massage

Close your eyes. Imagine yourself lying down, ready to receive a massage. Imagine now a thread of hot melted candle wax running through your body. This massage has as the concept stimulating the senses and uses a special wax prepared with esencial and scented oils to provide relaxation.

🕒 55 mins **€70 per person**

🕒 85 mins **€100 per person**

## Oriental & Holistic Treatments

### Oriental Head Massage

Focusing on head, neck and scalp this massage involves special Oriental techniques which gives pleasure and relieves stress and tension. It is highly recommended for people that suffer from tension headaches.

🕒 25 mins **€35 per person**

### Hot Stone Massage

Our professional massage therapists will incorporate the use of lava hot stones to transfer heat into the muscles and ease muscle tension. Heated stones are placed gently upon body chakras points to promote maximum relaxation.

🕒 25 mins **€35 per person**

🕒 55 mins **€65 per person**

🕒 85 mins **€90 per person**

### Reflexology

Pressure on key points and body Meridians will reduce pain by reducing stress levels and improving your mood. It keeps the body's vital energy flowing as it directly works with the nervous system.

🕒 25 mins **€35 per person**

🕒 55 mins **€60 per person**

### Sea shells Massage

Sea Shells Massage is a gentle but very pleasant treatment. A subtle but relaxing full body massage using a combination of hands and warm sea shells to provide deep relaxation.

🕒 25 mins **€35 per person**

🕒 55 mins **€75 per person**

### Pan Thai Massage

A full body massage with warm compresses, tailor made at Pearl Spas, with a combination of specific herbs and spices. Heat derived from compresses will ease muscle tension and the herbal infusion will help to relax the mind, body and senses.

🕒 55 mins **€70 per person**

### Thai Massage

Our fully trained therapist will stretch and flex your body, opening and relieving weary muscles by using pressure point stimulation and targeted stretching, Thai massage renews the body's energy flow whilst reducing tension and stress.

🕒 55 mins **€70 per person**

### Chinese Massage

Chinese specialised massage that works only on areas of concern. Our trained specialists will perform a consultation to ascertain what areas to work on, to relieve pain and tension. A soft eastern touch always goes a long way to ease migraine, headache, chronic neck and back pain, stress and tension.

🕒 55 mins **€75 per person**

🕒 85 mins **€100 per person**





## Pearl Spas Face Treatments

### Deep Cleansing Facial

A facial tailored specifically to your needs which includes a deep pore cleansing, exfoliation, facial massage and a face mask. The skin is left glowing and feeling fresh.

🕒 55 mins

€45 per person

### Teen Facial (11-15 years)

Specifically designed for delicate teenage skin. Deep cleansing the skin to balance oil production leaving the skin nourished and smooth.

🕒 55 mins

€40 per person

### Advance Lifting Facial

Boost your skin against all free radicals. Indulge in an anti-ageing and lifting treatment, nourishment the cellular structure of the skin and promote collagen production. This treatment leaves the facial structure nourished, tight end through the use of a unique collagen mask.

🕒 55 mins

€65 per person

🕒 85 mins

€80 per person

### Intense Hydration Facial

Marine active ingredients will enhance your complexion to a brighter, smoother, hydrated and relaxed appearance.

🕒 55 mins

€55 per person

### Eye Treatment

Enhance oxygen supply to the eye area with an exclusive eye treatment. The perfect solution for tired and overstressed eyes to smooth wrinkles, hydrate area and diminish puffiness.

🕒 25 mins

€35 per person

### Gentleman Facial

Starting off with a deep tissue back massage to relieve tight shoulders, neck and back muscles. Followed by a deep cleansing facial ritual and a face, neck and scalp massage to improve cellular rejuvenation.

🕒 85 mins

€75 per person

### Ultra Sound Facial

An intensive treatment for specific skin types' targeting individual concerns. Fine lines are diminished and deep lines are treated, dull skin is hydrated and open pores are treated to tighten. Indulge in a luxurious facial for a total rejuvenation and treat.

🕒 55 mins

€65 per person

🕒 85 mins

€75 per person

**THALION**  
CRÉATEUR DE COSMÉTIQUE MARINE

### Ocean Secrets Facial

Designed to reveal each woman's beauty, this facial is more than just a treatment, it focuses the quintessence of Thalion's technological know-how on achieving immediate results and a unique sensory experience.

This unique facial is based on an innovative massage that sculpts the contours of the face and tightens the skin. This true manual lift combines deep relaxing massages with technical movements to remodel the skin's natural architecture

🕒 85 mins

€80 per person



## Pearl Spas Face Treatments

### ELEMIS

DEFINED BY NATURE, LED BY SCIENCE

#### Sensitive Skin Soother Facial

Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stress. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

🕒 55 mins

€55 per person

#### Dynamic Resurfacing Precision Peel Facial

Clinically proven to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger looking skin.

🕒 55 mins

€65 per person

#### Superfood Pro Radiance Facial

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven to leave plumper, radiant and lit up skin with good health.

🕒 55 mins

€55 per person

### ELEMIS

DEFINED BY NATURE, LED BY SCIENCE

#### Pro Collagen Age Defy Facial

Tackle fine lines and wrinkles with the clinically proven age defying benefits of marine charged padina pavonica and red coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

🕒 55 mins

€70 per person

#### Pro Definition Lift and Contour Facial

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profoundly sculpted youthful effect.

🕒 55 mins

€70 per person





## Body Treatments



### Polish To Perfection

Allow your body to enjoy an exfoliation ritual using essential oils and a fine layer of moisturiser. This treatment will leave your skin feeling smooth, nourished and totally refreshed.

🕒 55 mins

€55 per person

### Body Sculpt Slimming

The body is exfoliated and wrapped in Laminaria seaweed famous for its powerful aid in slimming by drawing out its mineral rich properties. Minerals and trace elements boost the body's combustion mechanism resulting in a visibly slimmer figure.

🕒 55 mins

€50 per person

### Slimming Express

A deep exfoliation and anti cellulite massage perfect to shed cm instantly. Slimming express is the perfect ally for time pressed customers. It offers an immediate slimming answer.

🕒 25 mins

€33 per person



## Baby on Board - Maternity Treatments

Spa treatments that are perfect for mums to be. These wonderful, nourishing and pampering treats benefit both mother and baby, promoting deep relaxation for those blossoming bumps.

Once you have passed your first trimester, treat yourself with one of our massages, which range from 25 mins to 2 hours. Treat your hands and feet with a manicure or pedicure, or both – you will feel renewed from top to toe, You can also indulge in some of our most popular facials.

### Mums to Be

Specifically designed for the needs of pregnant women and their changing bodies. This pregnancy massage is very beneficial for circulation as it lowers anxiety, relieves pain and improves sleep.

🕒 55 mins

€60 per person

### Pre-Natal Bliss

Pamper your changing body with this package specially designed for you. Treat your skin to an intensive hydrating body mask, which will help boost collagen production in the skin to prepare it for your growing baby bump. An energising leg massage is performed to help with circulation, finishing off with a hydrating facial to give you a radiant glow.

🕒 85 mins

€80 per person

### Post-Natal Bliss

Designed completely to personalise your post baby needs and restore yourself to simply relax and get back your energy.... you can Pick and mix 2, 3 or 4 treatments of your choice depending on the time you select.

🕒 55 mins

€55 per person

🕒 85 mins

€80 per person

🕒 120 mins

€100 per person

- Pregnancy Back Massage • Relaxing Leg and Foot Massage
- Relaxing Face and Scalp Massage • Hydrating Facial
- Anti-Ageing Eye Treatment • Full Body Moisturising
- Body Scrub • Body Detox Wrap



## Hands and Feet

### Pearl Spas Manicure & Pedicure Deluxe Combo

The perfect treat for your hands and feet. Your experience will start with a hand and foot ritual followed by:

- Nail & Cuticle Care • Nail Buff • Hard Skin • Exfoliation
- Hand & Foot Pressure Point • Paraffin Wrap • Nail Polish Application

🕒 120 mins **€75 per person**

### Pearl Manicure

Indulge in treating your hands and nails, starting off with a mineral scrub and finishing with a luxurious nourishing mask and polish.

🕒 55 mins **€40 per person**

### Pearl Pedicure

Indulge in treating your feet and nails, starting off with a mineral scrub and finishing with a luxurious nourishing mask and polish.

🕒 55 mins **€40 per person**

### Express Manicure

File, shape and polish to keep your nails in good shape.

🕒 25 mins **€25 per person**

### Express Pedicure

File, shape and polish to keep your toes in good shape.

🕒 25 mins **€25 per person**

Gel Polish Removal	€10
Gel Polish Application	€20
Manicure or Pedicure by adding	€15



## Baths/Scrubs

### Cleopatra Milk Bath / Herbal Bath

Plunge into an Egyptian era. Our hydrotherapy bath will be infused with milk, honey and essential oils. Leaving your skin deeply hydrated and nourished with array of nutrients.

🕒 25 mins **€30 per person**

### Sea Salt Scrub

Using traditional Maltese salt sourced from the local salt pans which is mixed with a Pearl Spas oil blend.

🕒 25 mins **€30 per person**

### Honey & Sugar Scrub

Traditional Maltese honey combined with sugar granules to gently refine and nourish the skin.

🕒 25 mins **€30 per person**





## Ayurveda Treatments

### Abyangham

Sanskrit term means “glowing body.” Thanks to Ayurvedic warm oil, which promotes overall health, longevity, proper blood circulation and relaxes the mind. A stand-alone therapy or as part of a deeper cleanse to unwind and de-stress the mind, body and soul.

🕒 55 mins

€80 per person

🕒 85 mins

€95 per person

### Elakizhi

De-Stress with warm Ayurvedic full body massage. Our Indian therapist will introduce, herbal leaf bags specifically prepared in our centre Ayurvedic. Through the use of using specific herbs, leaves and powder, our therapist will treat chronic muscle and joint pain, neurological disorders, sciatic pain and arthritis.

🕒 85 mins

€80 per person

### Udvarthanam

Also known as the “Powder Massage”, kick start with a warm Ayurvedic full body massage using traditional techniques. Using a mixture of different herbs, this Ayurvedic herbal body scrub promotes active blood flow, thereby revitalising and reconditioning to the body. Udvarthanam, flushes out toxins from under the skin to promote weight loss and fat reduction.

🕒 85 mins

€85 per person

### Uzhichi

An Ayurvedic term for “Deep Tissue Massage”. Specific pressure is applied on the “Marma Points”, and Chakra points of the muscles, feet, head and palm. Ayurvedic warm oil will help penetrate the muscles to relax and reduce muscle tension whilst pressure applied will relieve tensed muscles. A specific treatment recommended only for sports enthusiast.

🕒 85 mins

€85 per person

### Shirhodara

The mother of relaxation. Sanskrit term “Shiro” means Head, “Shara” means flow. A heaven on earth treatment, which starts off with a Traditional Ayurvedic warm oil full body massage. Introduction of pouring luke warm oil on forehead induces a deep state of relaxation, soothes the nervous system, stimulates the endocrine system and awakens the third eye. Shirhodara helps treat Insomnia, migraines, sinus, depression, anxiety and stress. Shirhodara is a perfect alternative to meditation.

🕒 85 mins

€120 per person

### Ayurvedic Back Massage

Traditional Ayurvedic massage using warm and medicated oil, concentrating on the back, neck and shoulder area.

🕒 25 mins

€35 per person

### Ayurvedic Head Massage

Traditional Ayurvedic head massage using warm and medicated oil, concentrating on head, neck and scalp.

🕒 25 mins

€35 per person

### Spinal Care Treatment

A specific treatment for people with back problems. Treating all spinal injuries or pain using specialised natural warm herbal oil, with specific therapist techniques. Followed by a herbal leaf bag treatment all over the treated area.

🕒 60 mins

€75 per person





## Spa Information

### **Gift Vouchers**

Gift vouchers are valid for 3 months and can also be bought directly from [www.pearlspas.com](http://www.pearlspas.com).

### **Booking Information**

Bookings for selected treatments can also be done directly through [www.pearlspas.com](http://www.pearlspas.com).

### **Arrival**

Spa guests are advised to arrive 15 minutes prior to their appointment to allow time to change into spa wear and to receive a detailed spa consultation.

### **Payment**

All bookings must be prepaid at the time of making the reservation. We accept cash, cheques and all major credit cards.

### **Medical Conditions**

If you have undergone any surgery within the past 6 months, suffer from any medical condition or are pregnant please advise us at the time of booking.

### **Cancellation**

Please allow 24 hours notice of cancellation to avoid an automatic 50% charge. No shows will be charged 50% of the price.

### **Spa Rules**

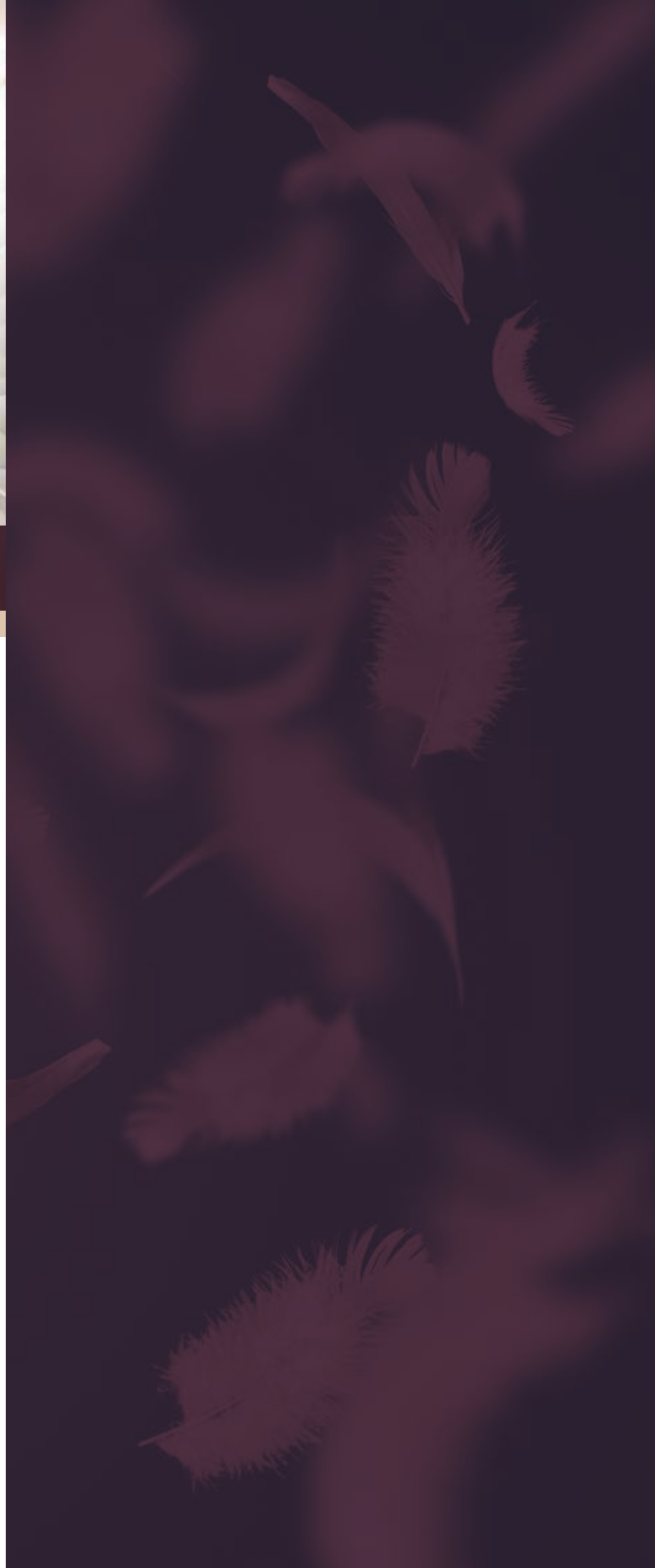
Our aim is to ensure tranquil and privacy our clients therefore we kindly request that the use of mobile phones, cameras and use of any other electronic devices.

To include a note on bath robe deposits towels and lockers.

Pearl Spas, db Seabank Resort, Mellieha  
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